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Tuesday, August 29, 2017 metro.us | t: MetroNewYork | f: MetroNewYork

NYC SENDS HELP FOR RESCUE EFFORTS

An aid team of NYPD and FDNY was sent to Texas. 8



'Game of Thrones' recap. 22-23

How to know if you have a drinking problem. 26



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EXTINGUISHED

Aiming to slash the number of NYC smokers, Mayor de Blasio announced new proposals that go further than anything before to raise cigarette prices and add no-smoking regulations. 6

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KIMBERLY M. AQUILINA, WEB REPORTER

There have been some "bigly" changes in the Trump administration as people are fired or resign, which reminds us of the Saturday Night Massacre of 1973. (No, not the fictional Bowling Green Massacre, Kellyanne.) This massacre was the beginning of the end for then-President Nixon. Does the turnover in the current White House signal another staffing slaughter?

metro.us/president-trump

PRESIDENT TRUMP DEFENDS ARPAIO PARDON

President Donald Trump on Monday defended his controversial pardon of former Arizona Sheriff Joe Arpaio, who was convicted of criminal contempt in a racial profiling case that highlighted tensions over immigration policy in the United States. Trump, who has promised to build a wall along the U.S. border with Mexico, found a kindred spirit of sorts in Arpaio, whose tactics as a law enforcement agent in Arizona's Maricopa

County drew condemnation from civil rights groups. Arpaio was convicted late last month of willfully violating a 2011 injunction barring his officers from stopping and detaining Latino motorists solely on suspicion that they were in the country illegally. "He's done a great job for the people of Arizona. He's very strong on borders, very strong on illegal immigration. He is loved in Arizona. I thought he was treated unbelievably unfairly," Trump said.

GERMAN NURSE SUSPECTED OF 84 MORE MURDERS

A German nurse jailed for murdering two patients is suspected of killing at least 84 other people, police said. The man, identified only as Niels H. under reporting rules, has "confessed in many of those cases," police said, but could not remember all the details of his actions. In past hearings, Niels H. admitted deliberately injecting patients at two clinics in northern Germany with

deadly drugs and then trying to revive them in order to play the hero, German broadcaster NDR said. He was convicted of two charges of attempted murder and two counts of murder by an Oldenburg court in 2015. Police said that they had investigated additional deaths at hospitals in the northern German cities of Oldenburg and Delmenhorst after exhuming the remains of 134 people with links to Niels H.

NOT OVER YET

3 People walk down a flooded street as they evacuate their homes after the area was inundated with flooding from Hurricane Harvey on Monday in Houston, Texas. Harvey, which made landfall north of Corpus Christi late Friday evening, is expected to dump upward of 40 inches of rain in Texas over the next couple of days. GETTY IMAGES



EU WARNS TIME IS SHORT IN BREXIT TALKS

4 The European Union's chief negotiator Michel Barnier said he was concerned at the slow progress of Brexit talks, while his British counterpart David Davis called for "imagination and flexibility" to move on. British officials arrived in Brussels on Monday hoping to push the EU toward talks about their post-Brexit ties, which the bloc refuses to launch until there is agreement on London's exit bill

and other "divorce" matters. "To be honest, I am concerned. Time passes quickly," Barnier said in short comments offered jointly by the two men to the media. "We must start negotiating seriously ... the sooner we remove the ambiguity, the sooner we will be in a position to discuss on the future relationship and a transitional period." The two sides hold a third round of Brexit talks from Monday to Thursday.

SHOWTIME HIT WITH LAWSUITS OVER FIGHT

5 Two U.S. boxing fans have filed lawsuits against cable TV provider Showtime over the quality of the livestream for the much-hyped weekend fight between Floyd Mayweather and Conor McGregor. Two separate lawsuits, filed in Oregon federal court by Portland resident Zack Bartel and by Victor Mallh in New York federal court, seek class-action status for what

they allege were failures in Showtime's pay-per-view live stream of the match in Las Vegas. Bartel and Mallh said they had paid \$99.95 to Showtime to watch the match. Bartel's unlawful trade practices lawsuit said that instead of being a "witness to history" as promotions for the fight had promised, all he saw was "grainy video, error screens, buffer events, and stalls."

FAST FACT
72%

A new Rasmussen Reports national telephone survey finds that 72% of likely U.S. voters believe most politicians raise racial issues to get elected.

Source: Rasmussen Reports



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Summer 2017 was a time in which many New Yorkers faced countless issues getting around the city, from frequent subway delays to Penn Station's "summer of hell" repairs that, thankfully for some, seemed to be more a "summer of heck." But one commuting alternative took the city by storm, and in this case, water.

The NYC Ferry service, which launched three routes since May, includ-

ing one to and from Astoria that set sail for the first time this morning, has seen ridership swell to more than 1.4 million.

"It definitely exceeded expectations," Cameron Clark, senior vice president and general manager of NYC Ferry by Hornblower, said Monday as he sat near the Wall Street/Pier 11 landing. "Being able to scale and build on something was the effective plan, and we're going to continue to build on that demand."

The service also exceeded the expectation of Natalie, a passenger who arrived at Pier 11 from Bay Ridge on the South Brooklyn route. "I was skeptical, of course, but my commute is much more pleasant now," she said. "It's great to be out in the open air."

She isn't alone. The NYC Ferry service has a 93 percent approval rating, according to a New York City Economic Development Corporation survey of more than 1,300 riders. Released Friday, the report also found that 87 percent of passengers are New Yorkers who use the ferry to commute.

The survey also indicated that riders wanted more enhancements and information, Clark said, which led to real-time indicators at every landing and on-pier kiosks with area maps and information about nearby subways and other modes of transportation, restaurants and other neighborhood attractions.

Additional enhancements were also made to the NYC Ferry's mobile app — through which



Since launching its Rockaway route in May, more than 1.4 million passengers have ridden the NYC Ferry. NYC FERRY

half of riders buy tickets that cost the same as a MetroCard for subways and buses — including information on the exact location of a vessel at any given moment.

Year-round fresh air

Those who enjoy the fresh air the NYC Ferry provides during their commute will still have that option come the cooler months.

"First and foremost, riders can expect heated vessels, coffee and to continue to have pleasant

crews," Clark said. "The vessels are designed to operate 365 days a year, year-round, and just as they were comfortable during the summer months, we expect they'll be comfortable during the winter months."

Clark said crews will be deployed before storms to clear decks, docks and piers, and the ships feature gradient heaters to keep ice and snow off the bow.

While the East River and South Brooklyn

routes will see some changes — and their weekend stops at Governors Island will end Oct. 29 — peak morning and evening service will stay the same, he added.

Sailing into the future

Because of its popularity, the NYC Ferry is in the process of adding larger engines to three of its 20 ships to increase capacity from 150 passengers to 250. Those vessels are slated to arrive next summer.

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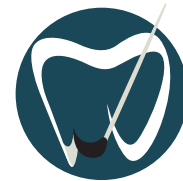
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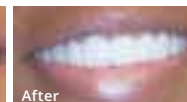
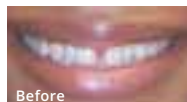
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NYC is considering new requirements meant to reduce the number of smokers in the city. **ISTOCK**

New legislation aims to stamp out smoking in New York City

A series of seven bills aims to cut the number of those addicted to the vice by 160,000 by 2020.



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In an effort to get New Yorkers to quit smoking, Mayor Bill de Blasio on Monday announced seven bills aimed to cut the number of those addicted to the vice by 160,000 by 2020.

The legislation includes raising the mini-

mum price of tobacco, including increasing per-pack prices to \$13 from \$10.50, which is expected to raise \$1 million for public housing; limiting the number of retailers with tobacco licenses and cutting the current retailer number in half; creating a retail license for e-cigarettes and capping the number of those licenses; upping the cigarette license fee to \$200 from \$110; requiring residential building owners to create and disclose a smoking policy to current and future residents; banning smoking in building common areas; and barring pharmacies from selling tobacco products, which would begin when current licenses expire next year.

"Even though tobacco is a leading cause of premature death across the country, Big Tobacco will stop at nothing to hook people on these deadly products," de Blasio said in a statement. "We are sending a loud and clear message that we will not let their greed kill any more New Yorkers without a fight. These new laws will not only help reduce the number of smokers in our city, but also save lives."

According to the statement, smoking rates have dropped to 14.3 percent in 2015 from 21.5 percent in 2002, the year before statewide bans on smoking went into effect. The mayor's legislation wants to reduce the more than 900,000 smokers in the city to a historic low of 12 percent.

The bills were introduced by Council Members Corey Johnson, Brad Lander, Fernando Cabrera, Ritchie Torres and James Vacca.

"If you are a smoker, the single most important thing you can do for your health is to stop smoking," Health Commissioner Dr. Mary T. Bassett said. "As a former smoker, I know how hard it is to quit. That's why these laws are so important — they will make it easier for New Yorkers to quit smoking or never start."

Two smokers that Metro spoke to, however, will not be deterred by the new legislation.

Jose Munoz of Bayside,

Queens, said the bills are "not good, but I usually don't buy my cigarettes here anyway." And while the lifelong smoker has quit "a couple of times, it was because I wanted to, not because of laws."

Stefano St. Pierre of Brooklyn wasn't surprised to hear about the bills, but still plans to continue purchasing the six "loosies" he buys every day for \$.50 a pop, but he does think they might jump to \$1 because of the legislation.

A history of not smoking in New York

California led the pack with a statewide smoking ban in 1995 and many other states followed suit, including New York that same year.

Jan. 21, 1908

City Council passes the Sullivan Ordinance banning women from smoking in public.

According to a clipping from The New York Times on that date, "the Sullivan Ordinance does not make it an offense for the manager or proprietor of a public place to allow her to smoke therein, and for doing so he may suffer the revocation of his license and also be fined."

The Sullivan Ordinance was vetoed two weeks later by then-Mayor George Brinton McClellan Jr.

1995

New York City Council enacted the Smoke-Free Air Act, which banned smoking in "numerous places," according to that legislation, which allowed smoking in a "restaurant bar, which must comply with certain seating and size requirements."

July 24, 2003

New York state bans smoking in all enclosed workplaces, including bars, restaurants and construction sites.

May 23, 2011

Smoking is prohibited in parks, on boardwalks, beaches, pedestrian plazas and other recreation areas.

May 18, 2014

Anyone under 21 is banned from purchasing cigarettes, e-cigarettes and tobacco products.

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As Harvey hits Texas, New York City springs into action with response crew

An aid team assembled by the NYPD and the FDNY was sent to the Texas on Sunday to provide relief from the devastating storm.



AMY RUSSO
@MetroNewYork
letters@metro.us

As Tropical Storm Harvey batters Texas with record flooding and damage that may require years of recovery, New Yorkers

are looking to help.

In an announcement made on Sunday, Mayor de Blasio said 120 emergency personnel would be sent to Texas to provide aid of which the area is desperately in need of as the storm continues.

The group headed down to the state the same day and consisted of members of the FDNY's Incident Management Team as well as the Urban Search and Rescue Rapid Response Team. According to the mayor,

these emergency workers will give assistance to Texas authorities.

Harvey touched down on Friday as a Category 4 hurricane, later morphing into a tropical storm. Although it has only been on land for a short time, it has already racked up years of damage as FEMA prepares for long-term recovery.

However, New Yorkers remain no strangers to the reality of the damage, having suffered Hurricane Sandy nearly five years ago that left damage from which the city is still trying to recover. Now, de Blasio says New

York must respond to Harvey.

The deployed aid team will be based in San Antonio and includes members with experience dealing with Hurricane Katrina and Haiti's 2010 earthquake.

In a statement released on Sunday, the FDNY said they're prepared. "Our role in Texas is to provide medical care, to take care of civilians and the task force members," they said. "We're in the disaster zone. We're expecting torrential rains, winds, floods and chaotic conditions. We're ready for it."

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The deployed NYC aid team will be based in San Antonio, Texas. FACEBOOK/FDNY

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"I'm scared and heartbroken about the devastation that Harvey has brought to Houston. We are constantly in a state of fear that the situation is going to get worse. I've never seen anything like this! I've never lived through a hurricane before, so I don't think I understood that the high winds and such aren't the danger, but instead the massive flooding that continues to fill. Every part of my daily life is affected. We cannot leave our homes, unless it is for evacuation. The majority of the roads are flooded, so it isn't smart to use our cars. Our jobs are canceled for the week, so we just have to hope we still have power and need to stay inside."

Hannah Cutshall,
Spanish teacher at Spillane
Middle School in Houston, Texas

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Trump has continued to alienate members of his own party on Twitter. GETTY IMAGES

President Trump's advisers warning him about possible impeachment

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The president's constant bashing of Republicans may be a strategy. But it's not winning him the allies he may rely on to save his office.



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As the Trump-Russia probe continues to heat up despite weeks of political distraction, daily revelations have resumed, placing the president's circle closer and closer to the Kremlin. At the same time, Trump's advisers have been warning the president about impeachment.

Several White House advisers have met with Trump about the protracted nature of impeachment proceedings, emphasizing that he needs close relationships with lawmakers who would vote on whether he should be removed from office, the Washington Post reported Saturday.

Judging by the president's tweets, that's the last thing on his mind. Trump has continued to alienate members of his own party on Twitter, slamming Senate Majority Leader Mitch McConnell for botching Obamacare repeal and Sens. Lisa Murkowski, John McCain and Susan Collins for voting against the bill. He is openly backing a primary challenger to Sen. Jeff Flake, R-AZ, despite

the fact that he has voted with the president on his legislation, including the Obamacare-repeal bill.

Some advisers are recommending this as a "triangulation" strategy, to position himself away from both parties in Congress and improving his re-election odds in 2020.

"It's right out of the Bill Clinton playbook. Triangulation is something that he perfected," Barry Bennett, a former Trump campaign adviser, told the Washington Post.

But the advisers haven't considered that bashing GOP leaders for their failures could depress conservative turnout in the 2018 midterm elections, leading to a Democratic takeover of the House.

Republicans in Congress have begun to break away from the president, with a number of them mentioning him by name in criticizing his handling of Charlottesville. Sen. Bob Corker, R-TN, previously a Trump ally, said that Trump "has not yet been able to demonstrate the stability, nor some of the competence that he needs to demonstrate in order to be successful."

An Aug. 26 poll released by Harvard University's Center for American Political Studies and research marketing firm Harris Insights and Analytics shows that 43 percent of Americans believe that the president should be impeached, 42 percent say nothing should be done and 12 percent are unsure.

"[Trump] has not yet been able to demonstrate the stability, nor some of the competence that he needs to demonstrate in order to be successful."

Sen. Bob Corker

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Trump administration seeks to end ban on national park hunting

The current prohibitions include trapping and killing bear cubs in their dens.

MICHAEL MARTIN
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Backed by the NRA, the Trump administration is aiming to remove bans on hunting in national parks. GETTY IMAGES

Backed by the National Rifle Association (NRA), the Department of the Interior wants to eliminate regulations on hunting bears and wolves.

This year, Rep. Jeff Duncan, R-S.C., introduced the SHARE Act, which would make it easier to purchase gun silencers. It would also prevent the National Park Service from regulating hunting in natural preserves, such as the ability to trap and shoot bears and wolves in their dens, including cubs during hibernation season. The legislation's hearing was scheduled for June 14 but

was postponed after Rep. Steve Scalise was shot.

For years, the NRA and hunting and fishing groups have urged Congress to pass a version of the legislation.

Acting National Park Service Director Michael Reynolds prepared a memo to the Department of the Interior on June 30 outlining the agency's objection to the bill. The memo was

returned to him with objections crossed out and a directive not to share them with Congress, McClatchy reported.

Heather Swift, an Interior Department spokeswoman, refuted that. "At no point did the Department tell the NPS not to communicate with Congress. In fact, the document in question is not even addressed to Congress," she told McClatchy.

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Trump killed Obama's new flood-safety standards weeks before Harvey hit

President Donald Trump has been criticized for his tone-deaf behavior as Hurricane Harvey has laid waste to Houston, tweeting a plug for an ally's book, revisiting his election victory in Missouri and offering a cheerful "Thanks!" as the Category 4 storm made landfall. But his most significant contribution to the tragedy came weeks ago and may cost lives — when he rolled back Obama-era legislation designed to protect infrastructure from cataclysmic weather.

In 2015, the Obama administration established the Federal Flood Risk Management Standard, a set of regulations that were designed to provide "climate resilience," requiring infrastructure such as bridges and roads to be designed to withstand effects of climate change and ensuring they were built on safer ground. This month, Trump killed the yet-to-be-implemented plan, claiming they would delay



Flood submerges a road after Hurricane Harvey hit Texas. GETTY IMAGES

infrastructure construction projects.

Speaking at Trump Tower during his self-declared "Infrastructure Week," Trump said he would "slash the time it takes" to approve new projects. "We're going to get infrastructure built quickly, inexpensively, relatively speaking, and the permitting process will go very, very quickly."

That announcement was overshadowed when the news conference descended into an infamous back-and-forth with reporters in which Trump defended the white supremacists behind the

fatal events in Charlottesville.

Trump's actions have drawn criticism from emergency-management specialists and environmental activists.

"Eliminating this requirement is self-defeating; we can either build smarter now, or put taxpayers on the hook to pay exponentially more when it floods. And it will," said Rafael Lemaitre, the former director of public affairs at FEMA, who added that Trump was rolling back "the most significant action taken in a generation" to protect infrastructure. **MICHAEL MARTIN**

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Who Should Apply?

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

A percentage of units is set aside for:

- Mobility-disabled applicants (5%) • Vision- or hearing-disabled applicants (2%)

Preference for a percentage of units goes to:

- Residents of **Bronx Community Board 1** (50%)* • Municipal employees (5%)

* Up to half of CB preference units may be allocated through referrals of applicants from city agencies

AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ (Minimum – Maximum) ⁴
Studio	\$788	3	→ 1 person	\$29,349 – \$40,080
1 bedroom	\$847	16	→ 1 person	\$31,509 – \$40,080
			→ 2 people	\$31,509 – \$45,840
2 bedroom	\$1,025	16	→ 2 people	\$37,749 – \$45,840
			→ 3 people	\$37,749 – \$51,540
			→ 4 people	\$37,749 – \$57,240
3 bedroom	\$1,182	6	→ 3 people	\$43,852 – \$51,540
			→ 4 people	\$43,852 – \$57,240
			→ 5 people	\$43,852 – \$61,860
			→ 6 people	\$43,852 – \$66,420

Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ (Minimum – Maximum) ⁴	Maximum Allowable Income
Studio	\$1,085	1	→ 1 person	\$39,532 – \$73,480	\$86,840
1 bedroom	\$1,367	10	→ 1 person	\$49,338 – \$73,480	\$86,840
			→ 2 people	\$49,338 – \$84,040	\$99,320
2 bedroom	\$1,649	10	→ 2 people	\$59,143 – \$84,040	\$99,320
			→ 3 people	\$59,143 – \$94,490	\$111,670
			→ 4 people	\$59,143 – \$104,940	\$124,020
3 bedroom	\$1,902	4	→ 3 people	\$68,538 – \$94,490	\$111,670
			→ 4 people	\$68,538 – \$104,940	\$124,020
			→ 5 people	\$68,538 – \$113,410	\$134,030
			→ 6 people	\$68,538 – \$121,770	\$143,910

Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ (Minimum – Maximum) ⁴
Studio	\$958	3	→ 1 person	\$35,178 – \$66,800
1 bedroom	\$1,208	33	→ 1 person	\$43,886 – \$66,800
			→ 2 people	\$43,886 – \$76,400
2 bedroom	\$1,458	33	→ 2 people	\$52,595 – \$76,400
			→ 3 people	\$52,595 – \$85,900
			→ 4 people	\$52,595 – \$95,400
3 bedroom	\$1,683	13	→ 3 people	\$61,029 – \$85,900
			→ 4 people	\$61,029 – \$95,400
			→ 5 people	\$61,029 – \$103,100
			→ 6 people	\$61,029 – \$110,700

Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ (Minimum – Maximum) ⁴	Maximum Allowable Income
1 bedroom	\$1,525	6	→ 1 person	\$54,755 – \$80,160	\$86,840
			→ 2 people	\$54,754 – \$91,680	\$99,320
2 bedroom	\$1,838	6	→ 2 people	\$65,623 – \$91,680	\$99,320
			→ 3 people	\$65,623 – \$103,080	\$111,670
			→ 4 people	\$65,623 – \$114,480	\$124,020
3 bedroom	\$2,120	3	→ 3 people	\$76,012 – \$103,080	\$111,670
			→ 4 people	\$76,012 – \$114,480	\$124,020
			→ 5 people	\$76,012 – \$123,720	\$134,030
			→ 6 people	\$76,012 – \$132,840	\$143,910

¹ Tenant pays electricity. ² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria. ³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change. ⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply. * Preferred Max candidates will be considered first for available apartments

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail**, send a self-addressed envelope to: **Crossroads I Plaza, 87-14 116th Street, Richmond Hill, NY 11418**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **October 30th, 2017**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español

Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: **Crossroads I Plaza, 87-14 116th Street, Richmond Hill, NY 11418**. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de **30 de octubre 2017**.

简体中文

访问 nyc.gov/housingconnect 在线申请。如要索取本广告及申请表简体中文版，请将您的回邮信封寄送至：**Crossroads I Plaza, 87-14 116th Street, Richmond Hill, NY 11418**。信封背面请用英语注明“CHINESE”。必须在以下日期之前在线提交申请或邮寄书面申请 2017 年 10 月 30 日。

Русский

Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу: **Crossroads I Plaza, 87-14 116th Street, Richmond Hill, NY 11418**. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на конверте) не позднее **30 октября 2017**.

한국어

nyc.gov/housingconnect에서 온라인으로 신청하십시오. 더 광고문과 신청서를 대한 한국어 번역본을 받아보시려면 반송용 봉투를 **Crossroads I Plaza, 87-14 116th Street, Richmond Hill, NY 11418**으로 보내주세요. 봉투 뒷면에 "KOREAN"이라고 영어로 적어주세요. 2017년 10월 30일 까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내주세요.

Kreyòl Ayisyen

Aplika sou entènèt sou sitwèb nyc.gov/housingconnect. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anviwop li gen adres pou retounen li nan: **Crossroads I Plaza, 87-14 116th Street, Richmond Hill, NY 11418**. Nan deyè anviwop la, ekri mo "HAITIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tanbra yo anvan dat oktòb 30, 2017.

العربية

تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني nyc.gov/housingconnect. للحصول على ترجمة باللغة العربية لهذا الإعلان والموذج الطلب عربي، أرسل بطرود بعزل اسمك وعنوانك إلى: **Crossroads I Plaza, c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418**. على الوجه الخلفي للبطرود، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نموذج الطلبات عن طريق الإنترنت أو عن طريق البريد قبل 30 أكتوبر، 2017.

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer
HDC President Eric Enderlin



Why Knee Arthritis Sufferers Of Almost All Ages Are New York Doc's Merge Best of High Tec

*Fraction of the cost, minimal risk and
Hundreds of arthritis sufferers from tri-state area calling weekly*

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

*"We all know that countless lives are being saved every year because of early detection and better treatment" noted the clinic director at the **NY Pain MD** in New York City. "The same holds true for treating arthritis pain. I believe we are having so much success at **NY Pain MD** because of two factors: One is we are using advanced medical technology and treatments many clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possible"*

What is the "correct treatment?"

"That depends," said the director. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," added the director.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby a preparation of Hyaluronic acid a gel-like FDA approved medicine is applied directly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your car without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at **NY Pain MD** use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without *Precision Arthritis Targeting* (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without *Precision Arthritis Targeting Technology* and did not get good results - this may be why.



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.



Normal Pain-Free Knee Joint

Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis

Pain -

Illustration shown is a knee joint with painful osteoarthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging

Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Joint Like "Joint Oil" using Precision Targeting Technology

Successful Treatment -

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

Choosing Newest Medical Procedures Before Surgery h Medicine And All Natural Treatments

little to no downtime amongst top reasons.

to find out if treatment is right for them...Often covered by insurance.

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the 2 ½ years thousands of knee pain sufferers have flocked to the **NY Pain MD** New York City

That's when their specially trained-doctors added cutting-edge arthritis treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like "joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "Precision Arthritis Targeting Technology". This allows us to place the Viscosupplementation exactly where it needs to be. Studies show doctors doing joint injections without Technology can miss the joint up to 30% of the time." noted the Director of Center

NY Pain MD is a state of the art medical facility offering the best technology.



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluoroscopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. **NY Pain MD** uses this P.A.T. Imaging Technology. with each and every treatment.

And that's not all :

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added the director.

How To Find Out If It Can Help You?

If you have knee pain, the **NY Pain MD** doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology*.

Many Insurance Plans Participate:

Most Out-Of-Network Insurance Plans
United Healthcare In & Out Of Network (except the Community Plan) Traditional Medicare • AARP
Medicare Most Union Plans • Transit Worker Plans
Work Related Injuries/Work Comp
Auto Accident plans
Out of network:
Aetna • Cigna • Empire • Oxford • Ghi • 1199 Blue
Cross Blue Shield & others
*EZ payment plans and financing also available

All you have to do is call 800-885-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at **NY Pain MD** can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important - Viscosupplementation treatments are covered by most insurance, union plans and even medicare. To schedule your no obligation screening or if you have any questions:

Call: 8 0 0 8 8 5 K N E E (5633)

Are You Qualified For Knee Arthritis Screening With NYC Pain MD?

- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflammatory medications without success?
- Have you already tried viscosupplementation (Hyalgan, Supartz, Synvisc) without satisfactory results?

If you answered yes to any of these questions - give **NY Pain MD** a call and schedule your no obligation knee pain screening

NYC
PAIN MD

800-885-KNEE (5633)

North Korea fires missile over Japan, sharply escalating tensions

The launch was a clear violation of various United Nations resolutions.

North Korea fired a missile early on Tuesday that flew over Japan and landed in the Pacific waters off the northern region of Hokkaido, South Korea and Japan said, in a sharp escalation of

tensions on the Korean peninsula.

The last North Korean projectile to fly over Japan was in 2009. The United States, Japan and South Korea considered that launch to have

been a ballistic missile test while North Korea said it was a rocket carrying a communications satellite into orbit.

South Korea's military said the latest missile was launched

from the Sunan region near the North Korean capital Pyongyang just before 6 a.m. and flew 1,678 miles, reaching the altitude of about 342 miles.

Japan's Chief Cabinet Secretary Yoshihide Suga said the North Korean missile fell into the sea 733 miles east of the Cape of Erimo on Hokkaido.

"It is an unprecedented, serious and grave threat to our nation," Suga told a briefing, adding the government had protested the move in the strongest terms.

Suga said the launch was a clear violation of United Nations resolutions and Japan will work closely with the United States, South Korea and other concerned nations on a response, he said.

Japanese public broadcaster NHK reported the missile broke into three pieces and fell into the waters off Hokkaido.

The Japanese government's J-Alert warning system advised people in the area to take precautions.

The Japanese military did not attempt to shoot down the missile, which passed over Japanese territory around 6:06 a.m.

"We can confirm that

"It is an unprecedented, serious and grave threat to our nation."

Japanese Chief Cabinet Secretary Yoshihide Suga, at a news briefing.

the missile launched by North Korea flew over Japan," Pentagon spokesman Col. Robert Manning told reporters. He said that the U.S. military was gathering further information.

"North American Aerospace Defense Command [NORAD] determined the missile launch from North Korea did not pose a threat to North America," Manning said.

The launch marks a sharp escalation in tensions over Pyongyang's pursuit of nuclear weapons and ballistic missiles in defiance of U.N. sanctions.

North Korean leader Kim Jong Un earlier this month threatened to fire missiles into the sea near the U.S. Pacific territory of Guam, and President Donald Trump warned Pyongyang would face "fire and fury" if it threatened the United States.

REUTERS

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This undated picture released by North Korea's official Korean Central News Agency (KCNA) on Aug. 23, 2017, shows North Korean leader Kim Jong-Un visiting the Chemical Material Institute of the Academy of Defense Science at an undisclosed location. GETTY IMAGES

Whole Foods cuts prices on some of its produce as Amazon merger takes effect

The companies signaled last week that they would selectively cut Whole Foods' prices and promised more discounts in the future.

On its first day as part of Amazon.com, grocery chain Whole Foods Market Inc. slashed prices on popular items like avocados and apples on Monday by a third as it bid to shake off its "Whole Paycheck" reputation for high prices.

In another sign of changes to come, a display offering Amazon's Echo and smaller Echo Dot hands-free smart speakers for \$99.99 and \$44.99, respectively, was nestled amid the produce at the Whole Foods in downtown Los Angeles. Those gadgets sell for the same price on Amazon.com.

Major supermarket chains and grocery sellers, including Kroger Co., Sprouts Farmers Market Inc., Costco Wholesale Corp. and Wal-Mart Stores Inc., were grappling with growing pricing pressure when Whole Foods and Amazon announced their \$13.7 billion merger deal on June 16.

Shares in those food sellers have fallen on worries that Amazon could disrupt the grocery business like it did with books and electronics.

Signs posted in Whole Foods' 450 U.S. stores trumpeted the changes.

The price of organic Hass avocados was slashed by 33 percent to \$1.99 each, down from \$2.99, in the Whole Foods in downtown Los Angeles. Organic Fuji apples sell for \$1.99 a pound, down from \$2.99.

Boneless rib eye prices dropped to \$13.99 per pound from \$16.99 in downtown Los Angeles, a reduction of nearly 18 percent, while the price for "responsibly farmed" Atlantic salmon filets fell to \$9.99 per pound from \$13.99, down almost 29 percent.

Price cuts varied slight-



Whole Foods' merger with Amazon means changes for the grocery chain. GETTY IMAGES

ly from city to city. For example, a Whole Foods in Chicago's West Loop reduced organic avocado prices by 20 percent, while Bloomberg reported that a Manhattan store chopped the price on organic Fuji apples by 43 percent.

The Los Angeles Whole Foods prices, in some cases, were lower than those at a nearby Ralphs grocery store owned by Kroger, which competes aggressively on price.

Ralphs was selling conventional avocados for \$1.99, versus \$1.49 at Whole Foods. Conventionally grown bananas were also priced higher at Ralphs: 59 cents a pound, against 49 cents at Whole Foods.

Some analysts estimated Whole Foods would have to cut prices by 10 to 15 percent to compete with other food sellers.

Nevertheless, its surgical paring of prices on popular staples could force other retailers to follow. That would only add pressure on those retailers, who already were preparing for another step down in prices as German discounters Aldi and Lidl expand in the United States and intensify the price war historically led by Wal-Mart.

As part of Amazon's putting its stamp on the grocer, Whole Foods stores displayed promotions for Amazon's Echo speaker in tongue-in-cheek fashion, with signs reading "Farm Fresh" and "Pick of the Season."

The Echo plays a criti-

cal role in Amazon's burgeoning ambitions to popularize and dominate the market for voice-controlled computing.

Shares of Amazon were up 0.1 percent at \$946.01 in afternoon trading. REUTERS

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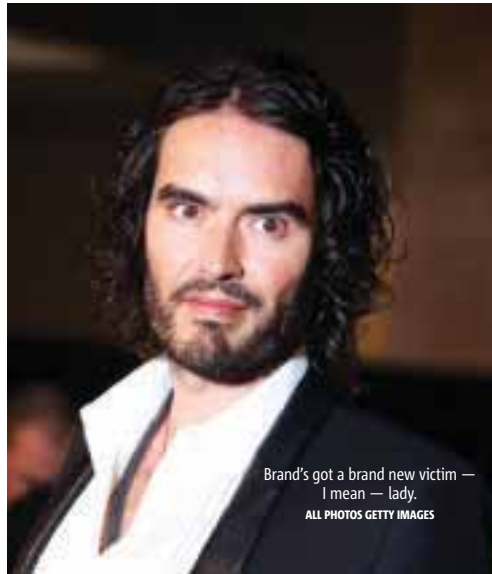


North West doesn't care for Saint West

Kim Kardashian is filling in for Kelly Ripa on Live with Kelly and Ryan — for what reasons, I do not care to know. But Kardashian is using the opportunity to let you know that North and Saint are not in fact friends.

Mostly, it looks like 4-year-old North and 18-month-old Saint have an early sibling rivalry going. "I don't know if it's because she's the older sister, I don't know what it is," Kardashian said. "I thought it was a phase [but] she does not like her brother. It's so hard for me!" Yeah well, I'd be mad if someone as adorable as me came and tried to steal my

spotlight too. So I feel for you, North. If there are in fact teams, know this: Saint is extremely adorable, but I'm with Team North on this one.



Russell has a Brand new wife

Russell Brand — former husband of the personification of a stale rainbow swirl lollipop known professionally as Katy Perry — has a new wife that isn't Katy Perry. Jolly good, I guess.

Brand married fellow British person Laura Gallacher over the weekend in a ceremony so small and so intimate that various outlets waited until Monday morning to run any stories on it. The reception was Indian-themed, which was nice. Attendees included family and

friends and the couple's 9-month-old daughter Mabel, which all still... er, sounds lovely.

The Not That Funny Dude confirmed the news on Sunday on his Radio X podcast, saying, "I'm living a married life now... I'm domestic." Uh-huh. Brand and Gallacher, a lifestyle blogger, rekindled their romance in 2015. Before then, they had been dating off and on since 2007.

Anyway congratulations. Not that anybody asked her, but I'm pretty sure Perry is just fine with this.

Kathy Griffin & Anderson Cooper are no more

Kathy Griffin would like you to know that she no longer considers Anderson Cooper a friend. It's a hot take!

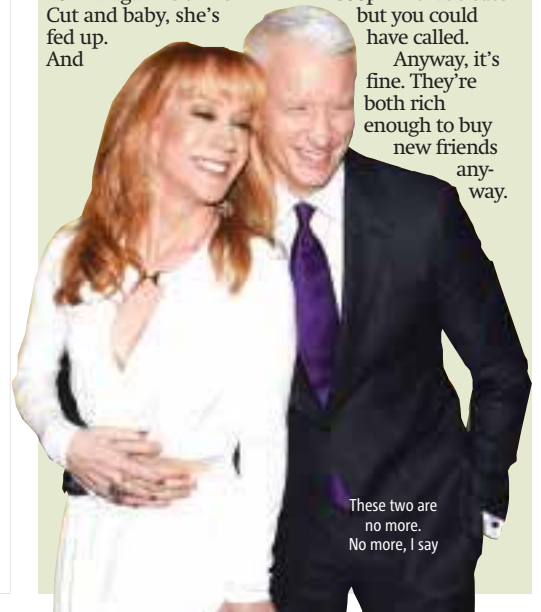
As you may recall, Griffin came under fire about three months ago for posing with a replica of President Donald Trump's bloodied, decapitated head. It was... not that big of a deal, but some of y'all felt like it deserved an unprecedented amount of attention.

Now, the comedian is opening up to New York Magazine's The Cut and baby, she's fed up. And

that's because Cooper apparently went around town telling everyone he was still friends with Griffin — without having spoken to her, ever.

Cooper first condemned Griffin's behavior on Twitter. Then in July, he told Andy Cohen they were still friends. "I didn't think what she said was appropriate, but I wish her the best and I hope she bounces back. She's incredibly funny and a lot of people love her." OK, Coop — may I call you Coop? — that's cute but you could have called.

Anyway, it's fine. They're both rich enough to buy new friends anyway.



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Caitlyn Jenner called out by trans activist

On the day after Trump banned trans people from serving in the military, trans activist Ashlee Marie Preston called B.S. on Caitlyn Jenner for being a supporter of 45.

"It's really f—ed up that you continue to support somebody... that does everything with the military, that's erasing our f—g community," Preston told Jenner at a Trans Chorus event in L.A.

Jenner did vote for Trump, but has since expressed criticism of some of his policies. In July, when Trump first announced his plan to ban transgender people from the military, Jenner tweeted, "There are 15,000 patriotic

transgender Americans in the US military fighting for all of us. What happened to your promise to fight for them?"

For Preston, it's too little too late. "As long as we continue to be the ones that are most impacted by the choices that you make, it is not OK," she continued.

When Jenner attempted to defend herself, saying "You don't know me," Preston fired back, "Yes, I do. You're a f— fraud and a fake."

On Twitter, Preston further defended her stance: "Desperate times call for #desperate measures. A #loud, #angry#black#trans#woman" is more affective than a #dead one." **KATE MOONEY**



Even Tom Hanks is a diva on set

Academy Award winner was 'extremely cranky' filming 'Sleepless in Seattle'

GREG WAKEMAN
@MetroNewYork
gregory.wakeman@metro.us

Everyone loves Tom Hanks. He's the Hollywood everyman, a modern-day Jimmy Stewart, that's insatiably witty, attractive but not intimidating, and always seems to have a warm glow. But it turns out that even Tom Hanks has a dark side, which appeared when filming "Sleepless in Seattle."

Tom Hanks was the one that made this stunning revelation, recently confessing that he was "extremely cranky" when he shot the 1992 comedy, especially because Ross Malinger, the actor playing his 8-year-old son Jonah Baldwin, apparently had all the best lines.



The Academy-Award winner was upset his younger co-star had better lines. TRI-STAR PICTURES

"I was an extremely cranky actor at that time. Coming and saying, 'Why does the kid have

so many good lines?' I had made enough movies to get smoked on a couple of occasions as

well as thinking that I was a big shot and 'My voice must be heard,'" Hanks recalled for Erin

Carlson's book, "I'll Have What She's Having: How Nora Ephron's Three Iconic Films Saved The

Romantic Comedy," via the NY Daily News.

There was another problem, while Ross Malinger would eventually go on to play Jonah in "Sleepless in Seattle," Nathan Watt was originally cast in the film. However, after the first weekend of production it became pretty clear that Hanks and Watt weren't gelling.

Producer Gary Foster recalled, "Tom is being driven crazy and this boy keeps repeating dialog off-camera when Tom's trying to film a scene and he's not adding to the film right now." Things did not improve and before long Watt was fired.

Even though it was clearly an ugly episode, the fact that "Sleepless in Seattle" went on to gross \$227.8 million at the box office and is still regarded as one of the greatest rom-coms of all time proves it was probably the right call.

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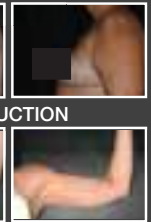
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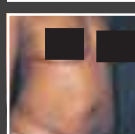
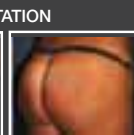
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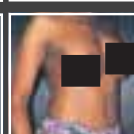
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The 'Game of Thrones' finale was just fine

Two of Metro's biggest 'Thrones' fans share their thoughts after the season 7 finale.

RACHAEL VAUGHAN CLEMMONS
AND EVA KIS

A lot happened on Sunday night's "Game of Thrones" finale, though there weren't many surprises. Barring Littlefinger's swift, very deserved death, everything was pretty standard after an exciting, albeit uneven season.

Metro's biggest "Thrones" fans, Rachael Vaughan Clemmons and Eva Kis, discuss Season 7's final episode, "The Dragon and the Wolf," from Littlefinger's surprising end to what could be next for the Night King.



Sansa's surprising turn in the finale was one of the season's best moments. HBO

Jon & Dany's union

Eva Kis: First, let's talk Daenerys and Jon. Least sexy sex of all time.

Totally turned me off.

Rachael Vaughan Clemmons: Oh, yes. How dare you guys set up this romance, with all of these supposed sparks — that I didn't see, by the way — and then have the most vanilla sex imaginable?

EK: Also, how did she go from "Khaleesi needs no man!" to "I can't give you children"?

RVC: Unclear. Her whole thing has always been that she's a boss. Didn't help that they decided to juxtapose their um, lovemaking, with a scene of Rhaegar and Lyanna getting married. Like, we get it. OK, they're related.

EK: They reached for emotional resonance

and didn't get there.

Also somehow Tyrion is also in love with Daenerys, at least that's what his creeping at her bedroom door implies? **RVC:** Oh, I didn't see it that way at all. I think Tyrion is just like, "Wow, these two are problematic AF." But are they really, besides the light incest?

Littlefinger's demise

RVC: RIP, my shady dude. I don't know if it makes sense, plot-wise, with Sansa, Arya and Bran, but I'm really glad he's dead.

EK: This whole season has been about family though, whether it's leaving a better world for children or loyalty above all else or destiny. So it made total sense that Sansa and Arya

would work out their differences. I think Sansa bonding with Arya was important and it may have strengthened her family ties all around — although they did spend an awful lot of time setting them up as rivals.

RVC: This whole "better world for children" thing, I still don't get. I still think Cersei is totally faking her pregnancy. And I guess Dany can probably actually get pregnant, which I've kind of thought all along. You can't just believe everything every witch tells you, you know what I mean?

EK: Yeah, Jon makes a good point when he tells Dany that. But Jon being the heir to all of Westeros is... problematic for all of

the ladies. The series spent so much time on the stories of these amazing women, who built up themselves and their empires, endured unspeakable things, but Jon will get it all because he was born to the right parents?

Jaime goes north

EK: Anyway, we're glad about Jamie finally realizing just how far gone Cersei is and riding north, right?

RVC: Yes! Get that toxic kween out yo life.

EK: Talk about someone who's lost everything and found himself.

RVC: I know this is farfetched, but I'm just hoping he rides north and then we can have a love triangle between him, Brienne and Tormund. Give the

people (me) what they (I) want! Besides, maybe it could be a good way to keep the Lannister line going, because as of now it's dead, dead, dead. Although, I mean, I guess Tyrion could have someone's kids. Aw, Tyrion.

EK: Tyrion! I did not expect him to make it out of this episode alive. I suspect they are saving all their major character deaths for next season. This season was about tying up loose ends, giving people the re-unions they wanted and strategically moving the plot to where we have known it was heading for oh-so long. Like, since we saw the first White Walker. [Editor's note: Which happened in the first episode of the first season.]

The fall of the Wall

EK: We knew what zombie dragon was going to do as soon as that happened.

RVC: Yeah, I'm kind of calling bulls—t on that. I thought the wall was held up by magic and runes and stuff like that. But apparently, all it takes to make it crumble is a wight dragon blowing... ice flames?

EK: Maybe the dead can't touch it? But melting it is fair game.

RVC: I find myself wondering about what the Night King wants. I know he's an icy mute dude, but I'm curious as to whether or not he has any motivations, or if it's just your standard desire for world domination and all that entails. "Thrones" has worked so hard to build

a world that dives deep into power and the desires and machinations behind it. But we don't know anything about the Night King's desires. And having watched a lot of "The Walking Dead" zombies themselves are not very compelling, story wise.

EK: On a more personal note, Tormund better not be dead! I know you are on Team OT3, but I want him and Brienne to live through the long winter with a giant brood of giant babies.

RVC: Fair! And also, I doubt it: Beric recently said something about the Lord of Light keeping him around for a purpose — and I doubt that purpose was to die in an ice flame-induced avalanche. Seems a shame is all.

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Jon and Dany's lackluster sex scene was the worst

"Game of Thrones" had a lot of nerve teasing Jon and Daenerys' so-called attraction to each other — then following it up with what has got to be the most uninspiring and vapid sex scene in the entire series.

In its early seasons, "Thrones" was known for its...uh, somewhat over the top depictions of sexual relations. Besides the often casual portrayal of rape, the show often featured what would be coined as "sexposition" — meaning, the series would take scenes heavy with exposition and pad them with some extra oomph by making sure someone was getting it on in the background. As the show has matured, David Benioff and D.B. Weiss have thankfully gotten a bit wiser about the way they depict sex on screen. But with the scene between Jon and Daenerys, it seems like they've given up on sex



The moment we've all been waiting for was pretty meh. HBO

being sexy ever again in the "Thrones" world.

It's possible to both be responsible about the kind of sex you show in the series and for your characters to have hot, sexy and fulfilling sex lives. And both Jon — I mean, Aegon — and Daenerys

had whole seasons dedicated to them finding their sexual footing. In the first season, Daenerys went from being a victim to being a woman with heaps of sexual agency in her marriage with Khal Drogo; and she learned a lot from her handmaids along

the way. Jon, never forget, had his own heavy dose of sexual healing from a certain fiery wildling in the third season. At this point, these two adults know what they're doing.

And yet, the finale of the seventh season just gave us a scene of

Jon artfully lying on top of Daenerys, a literal undead wet blanket. There's no semblance of passion, nor desire. And it's frustrating! Here's a moment "Thrones" has been teasing all season long, and it falls absolutely flat. We're supposed to believe that

Jon and Dany's attraction to each other is so overwhelming and sparkly and inevitable, but they don't seem very into having sex with each other.

There's Dany, now nothing more than a pillow princess — even though her sexual relations with Drogo and Daario have proven otherwise. And there's Jon on top of her, listlessly humping away. I didn't spend countless hours watching and rewatching episodes of "Game of Thrones" to suffer through this. And sure, they're related — but seeing as we saw twins Cersei and Jaime getting it on very vigorously in the pilot of the series, I'd say we deserve a bit more, I don't know, chemistry between these two Targaryens.

Gotta give it up to Jon, though. He's really grown into a hot piece this season. For a dead guy, he looks fantastic.

RACHAEL VAUGHAN CLEMMONS

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'Who gets to love? We all get to love'

Shakespeare in the Park's "As You Like It" comes with a message about marriage equality.



EVA KIS
@thisiskis
eva.kis@metro.us

After courting controversy with its Trump-inspired "Julius Caesar" production earlier this summer, the Public Theater isn't shying away from putting modern takes on its Shakespeare in the Park productions.

For its final free show of the season at Central Park's Delacorte Theater, the Public's community theater program Public Works will present the comedy "As You Like It" as a musical. Two of the (eventually) happy married couples have been changed: from Silvius to Sylvia and Phoebe, and instead of Touchstone and Audrey it's now Touchstone and Andy.



The ensemble of Public Works' "As You Like It." TAMMY SHELL

"Who gets access to marriage is one of the themes. Who gets to love? We all get to love. Who gets to marry? We all get to marry," says director Laurie Woolery, who adapted the play into a 90-minute musical with songs by singer/songwriter Shaina Taub (who also stars as a gender-bending Jacques).

"That is the first time within Public Works that we've been able to fully encompass embracing almost all forms of access to love."

Public Works casts its 200-strong ensemble (and even a few of its leads!) from community groups like the veterans of the Military Resilience Project, Domestic Workers United

in the production, which runs for an extended five nights from Sept. 1-5. Tickets to the 90-minute show are free and distributed in person at the Delacorte, and by lottery at the Public Theater and through the TodayTix app.

They chose "As You Like It" for its similarities to the Public Works mission: bringing together parts of the NYC community that may otherwise never have met and the "theatrical miracle" that happens as they collaborate.

Though marriage equality is not an overt theme of the show, Woolery says, it's hard to see it as anything but a show of support at a time when the administration of President Donald Trump appointed anti-LGBT Justice Neil Gorsuch to the Supreme Court and recently banned transgender men and women from serving

If you go

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in the armed forces.

Little was changed from Shakespeare's original text, she says, calling him "a magnificent collaborator, because his worlds contain such a full spectrum of humanity."

"Storytelling is a political act, a radical act — being able to own your own story and tell your own story," she explains.

"So selecting a Shakespeare play that could speak to our time right now is what led us to 'As You Like It': having community at the center of it and responding to the world around us became the two guiding principles."



Laurie Woolery and Shaina Taub SEAN SMITH

and a jazzercise class from the Brownsville Recreation Center to work alongside a handful of professional actors. Entire families, including parents with their young children, are taking part

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'Game of Thrones' rocks out

There are no singing dragons, but a direwolf tap dances in this musical parody coming off-Broadway.



EVA KIS
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Between the dragons and ice zombies and all that sex, "Game of Thrones" usually lives up to its fantasy epic reputation. Which is great when it comes to dragons, but not so fun when everyone is taking themselves far too seriously.

That makes it perfect for parody, which a California troupe called Theater Is Coming has done with "Game of Thrones: The Rock Musical."

The unauthorized adaptation of the HBO



show features 13 original songs that hark back to a simple time in Westeros: Season 1, when Ned Stark still had his head (#gonetoo soon) and Arya hadn't fully embraced her ambitions as a vengeful assassin.

The production is a 100-minute journey (with intermission) through Westeros starring the

Stark patriarch "as he battles tap dancing direwolves, an evil inbred prince and a smattering of other characters too hot and raunchy for network television." There's even a chance Ned will survive this time around!

The (hopefully merciful) creative team is led by Steven Christopher Parker and Steven Brandon,

whose previous credits include parodies of "Lost" and "Once Upon a Time," so you know they have experience wrangling a lot of characters and plotlines.

Performances will take place Oct. 10-29 at the Jerry Orbach Theatre. Tickets are \$63 and available now through Ticketmaster.

Get woke at Museum Day Live

The Smithsonian's headquarters may be in Washington, D.C., but every year it puts out a call to museums nationwide to open their doors on one special day and welcome everyone for free.

That's Museum Day Live!, taking place on Saturday, Sept. 23 this year.

A staggering 1,095 museums, art galleries, historic homes and farmhouses have signed on to participate, including 25 within the five boroughs.

The free tickets must be downloaded in advance at smithsonianmag.com, and registration is now open. Each reserva-

tion allows entry for two people to one participating site.

Your local options range from the Bartow-Pell Mansion in the Bronx where you can play 19th-century lawn games after touring the historic home, to the Rubin Museum of Art, where much of the

space has been turned into a soundscape that complements its artworks.

Or you can use the occasion for a late-season road trip to eat in a re-creation of the Tropicana

Room at the Lucille Ball and Desi Arnaz Museum in Jamestown, or trace America's cultural history at the Rockwell Museum in Corning. EVA KIS



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Alcohol abuse in America is now considered a public health crisis. How do you know if it's a problem for you?



KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

We drink so much in this country that according to a new study, alcohol abuse now constitutes a "public health crisis."

The study, published this month in JAMA Psychiatry, compares the drinking habits of more than 40,000 adults, based on interviews conducted in 2001-2002 and again in 2012-2013. A decade later, the authors found that 'alcohol use' had increased by 11 percent, 'alcohol use disorder' by 49 percent, and 'high-risk drinking' by 29.9 percent.

So how do you know if drinking has become a problem for you? We spoke with Dr. Jeremy Frank, PhD, a Philadelphia-based psychologist and certified alcohol and drug counselor, about warning signs, getting

help, and his advice for conquering long-term sobriety.

How much is too much?

First, the numbers: Quantity-wise, the National Institute on Alcohol Abuse and Alcoholism defines binge drinking as around four drinks for women, five drinks for men, which usually results in a blood alcohol count of .08 g/dl. Heavy alcohol use is defined as binge drinking on five or more days a month, while low-risk drinking for women is defined as no more than three drinks in any day, no more than seven in a week; for men, no more than four in a day, or 14 in a week.

Warning signs

Beyond the actual count, there are additional indicators that you might be drinking too much. "When drinking affects our relationships with friends, partners or family, our career occupation or school, it can be an indication of a problem," explains Frank. "Or, when



it causes another psychiatric or psychological problem such as anxiety, depression, stress, angry outbursts or legal problems like a DUI.

"In general, and very simply, alcoholism can be defined by drinking de-

spite very serious consequences," he says. And be wary if you find yourself spending too much time drinking or recovering from drinking, especially if you're covering it up or lying about it.

If you find yourself constantly thinking about your drinking, that's another red flag. "Social drinkers do not sit around questioning whether or not they have a drinking problem," he points out.

Getting help

First, try cutting down, Frank advises. See if you can go two weeks or even a month without drinking to "regain control" — although, he warns, if you are physiologically dependent, going cold turkey could cause dangerous withdrawal symptoms, including seizures and heart attack.

In some cases, after removing alcohol for a period of time, there are ways to moderately reintroduce it, following the NIAAA guidelines for "low-risk drinking." Make

The CAGE questionnaire

A good way to assess your drinking is by asking yourself these four questions, known as CAGE, commonly used as a substance abuse screening tool. Answering yes to two or more of the below indicates that alcohol could be an issue for you.


- Have you ever felt you should Cut down on your drinking?
- Have people Annoyed you by criticizing your drinking?
- Have you ever felt bad or Guilty about your drinking?
- Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (Eye opener)?

sure you have an addiction psychologist or substance abuse counselor to advise you through the next steps. He also recommends taking medications that reduce cravings, such as Vivitrol or Naltrexone and attending Alcoholics Anonymous meetings. If you find you need more help, talk to your counselor about trying outpatient treatment, and if that doesn't work, it might be time to consider becoming an inpatient.

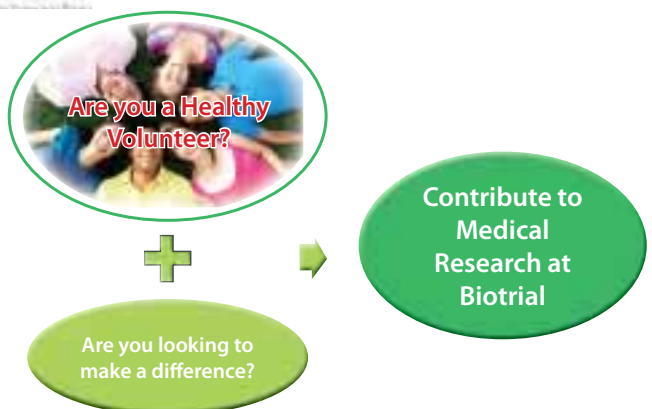
His advice for tackling sobriety, long-term? Add meaning and purpose to your life. "You have to say no [to drinking] but then you have to listen to what's missing," he says. "Are you bored, lonely, stressed or anxious? Now you get to learn about yourself more and figure out what you need. Once you say no, it is really so much more about what you say 'yes' to." Visit the niaaa.nih.gov for more information, resources and support.



Weekly AA meetings can help you get on the path to recovery. GETTY IMAGES



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Metro Stats Session

STANTON VS. THE HOME RUN RECORD BOOKS

GIANCARLO STANTON

2017



50 in 127 games

Date of 50th: Aug. 27

On pace for: 62

ROGER MARIS

1961



50 in 124 games

Date of 50th:

Aug. 22

Ended with: 61

BABE RUTH

1927



50 in 134 games

Date of 50th:

Sept. 11

Ended with: 60

Players with 50 HRs by Aug. 31



GETTY IMAGES

Analyzing Stanton's pursuit of 60 dingers

Major League Baseball could have its first clean 60-home-run man since 1961.



JOE PANTORNO
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who are, for many, still atop baseball's single-season home run list.

Miami Marlins slugger Giancarlo Stanton belted his 50th home run of the 2017 season on Sunday in just his 127th game of the season and the 129th of his team's campaign.

With a maximum of 33 games remaining, Stanton could very well be in the discussion of 60 home runs this season, which would make him the first player to reach that mark since Barry Bonds and Sammy Sosa hit 73 and 64 home runs respectively in 2001.

Given their abuse of performance enhancing drugs, though, along with the likes of Mark McGwire, you have to go to Roger Maris in 1961, who recorded 61 round-trippers in 161 games, to find a clean home run king.

He broke the mark set by fellow Yankee and mythic being Babe Ruth, who had 60 in 151 games

during the 1927 season.

For Stanton, those two Yankees are the gold standard of power hitting, as he told MLB.com:

"When you grow up watching all the old films of Babe Ruth and [Maris] and those guys, 61 has always been that printed number ... Considering some things, I do [believe Bonds' record of 73 home runs is tainted]. But at the same time, it doesn't matter. The record is the record. But personally, I think I do."

Even with a considerable amount of games left, Stanton has put himself in some elite company.

Metro Stats Session (above) takes a look at just how far he's come in 2017, where he ranks among Ruth's and Maris' historic seasons, and how much more he has to do in order to reach that magic number of 62.

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Could anyone stop Roger Federer at the US Open?

The Swiss legend has taken his game to another level this year, making him one of the favorites to take New York City's Grand Slam title.

ADAM ZAGORIA
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sports@metro.us

Roger Federer was fielding questions from the media on Saturday at the U.S. Open when a young boy in the press corps piped up and asked him a question.

"You have been the most consistent player of all time," the boy asked intrepidly. "Can you please continue to play for eight, nine years so that I can play you when I go pro?"

"Yeah, sure," Federer replied with a smile. "If you make it on tour, I'll make sure maybe I come back for you, okay."

At 36, Federer isn't likely to play professionally for another eight or nine years, but he is playing some of the best tennis of his career at this advanced tennis age.

The Swiss maestro enters his first-round match on Tuesday night against American Frances Tiafoe having won two Grand Slams this year — the Australian Open and Wimbledon — after not having captured a major title in the previous 17 Slams.

He is many observers' favorite to win his sixth U.S. Open, his first since 2008 and the 20th major title of his career.

"You look back at those first couple of years when I got on the run of the five here," Federer said of winning five in a row from 2004-08. "I fell in love with New York, I always loved coming back here."

Federer pulled out of his last tournament in Cincinnati two weeks ago with a bad back but says he's fine now.

"I have been playing sets the last few days, and I'm really happy how I'm feeling," he said.

The big question entering the tournament was whether Federer, the No. 3 player in the world, and his longtime rival Rafael Nadal, ranked No. 1, would potentially meet in a historic final in Arthur Ashe Stadium. The two legends have played multiple times at every other Grand Slam event, but never here in New York.

But when the draw came out last Friday, they were placed in the same half of the draw, meaning they could meet in the semifinals on Sept. 8, but not the final on Sept. 10.

That bummer of a situation was exacerbated on Saturday when No. 2 Andy Murray withdrew from the tournament with a hip injury. Had Murray pulled out before the draw, Federer would have been



Roger Federer is looking for his first U.S. Open title since 2008. GETTY IMAGES

bumped up to the No. 2 seed, setting up a potential final with Nadal. But because Murray waited until Saturday, Federer and Nadal remain in the same half. Assuming they both win Tuesday, they would both play again on Thursday.

"Feel sorry for Andy Murray but he just ruined the U.S. open draw," former tennis player Todd Woodbridge tweeted. "Would have been better for [Federer, Nadal] to be in opposite halves."

Displaying a much-improved one-handed backhand that he attacks with, Federer has beaten Nadal three times in 2017, including in five sets in the Australian final and two subsequent victories in Indian Wells and Miami.

"At last, Federer is comfortable playing Nadal," seven-time major winner Mats Wilander told Sports Illustrated.

It's no wonder Nadal, who still leads Federer

23-14 all-time, is in no hurry to face him in the semifinals.

"If I am in semifinals, no," said Nadal, who won here in 2010 and '13. "I prefer to play against another one. It's obvious, no? Sounds very good, but the real thing, I prefer to play against another player, an easier one if it's possible. But anyway, meeting him here in semifinals with Roger, if that happens that will be something great and amazing."

For his part, Federer said he would love the chance to meet Nadal in New York.

"Hopefully it will be a night session," he said. "Hopefully that would be a great atmosphere and one again where we play great like at the Australian Open. I don't think we are both thinking that far ahead. I'm sure it will be a nice prospect."

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SUPREME COURT: QUEENS COUNTY JP MORGAN CHASE BANK NATIONAL ASSOCIATION; Plaintiff(s) vs. ROSE NEDGEE JOLIDAS; et al; Defendant(s) Attorney (s) for Plaintiff(s): ROSICKI, ROSICKI & ASSOCIATES, P.C., 2 Summit Court, Suite 301, Fishkill, New York, 12524 845.897.1600 Pursuant to judgment of foreclosure and sale granted herein on or about September 16, 2016, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT, located at 88-11 SUTPHIN BOULEVARD, JAMAICA, NEW YORK, IN COURTROOM #25. On September 29, 2017 at 10:00 am. Premises known as 113-44 199TH STREET, SAINT ALBANS, NY 11412 Block: 10993 Lot: 326 ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough and County of Queens, City and State of New York. As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale. Approximate amount of judgment \$530,932.02 plus interest and costs. INDEX NO. 21212-13 David Dikman, Esq., Referee

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Across

- 1 Bachelor's last stop
6 Walk off with
10 Lean
14 Watered silk
15 Operatic prince
16 Make over
17 Fabric rolls
18 Swain
19 Romantic deity
20 Acquired the film rights to
22 In a dull fashion
24 Narrow board
25 Got a move on
26 Said in fun
29 Loathes
32 Love, to Pablo
33 Stayed
35 Woosnam of golf
37 Upholstery choice
39 MIT grad
40 Edge past
42 Dixie st.
43 Sees it the same way
46 Volcano's output
47 Blackboard needs
49 Harder to believe
51 Olin or Horne
52 Leslie Caron film
53 Professor's goal
56 Set up
60 Mushroom part
61 Drift here and on

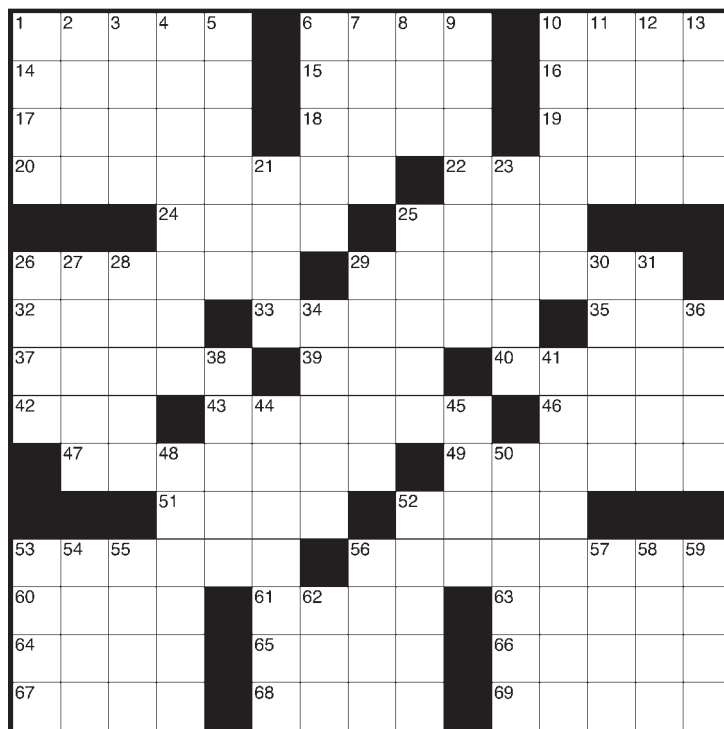
- 63 March composer
64 In a while
65 No future --
66 Shankar's strings
67 Hindu princess
68 Pedro's house
69 Debate topic

Down

- 1 Lectern
2 Air show maneuver
3 Go against Galahad
4 Style
5 Fix a boot
6 Nepal neighbor
7 Like some cheeses
8 RV haven
9 Learned
10 Stair parts
11 Medicinal plant
12 Graven image
13 Inquisitive

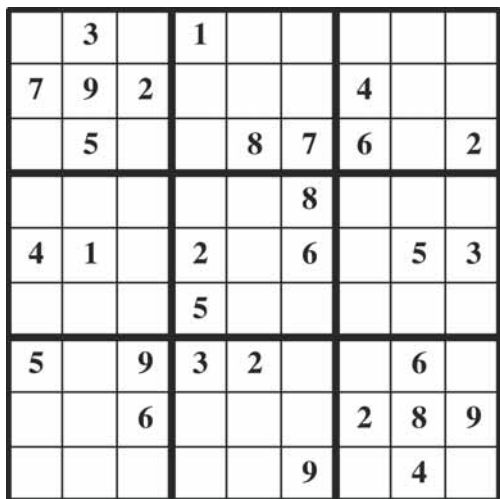
- 21 Goose egg
23 Cattails
25 Be evasive
26 Website language
27 Novelist -- Zola
28 Treasure hunter's aid
29 Eats
30 Type of pool
31 Healing ointment
34 Catcher under Stengel
36 Close by
38 Type of computer printer
41 Where Peoria is
44 Brand X
45 Follow the recipe
48 Graduates
50 Andre of tennis
52 Ms. Garbo
53 Bygone tyrant
54 Sight from Messina
55 Inert gas
56 Hertz competitor
57 Slangy courage
58 Rebekah's son
59 Meet defiantly
62 Off -- tangent

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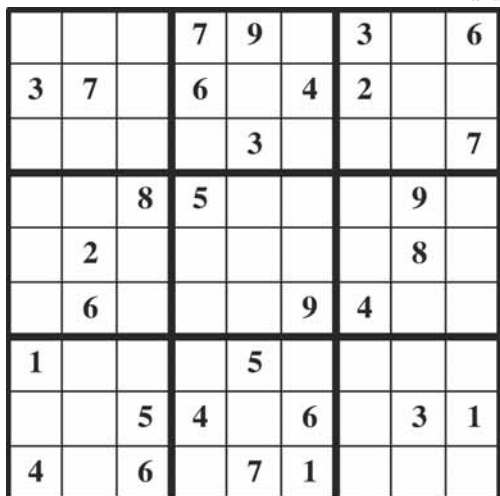


metro.us/sudoku

easy



hard



metro.us/horoscopes



Aries Share your plans and engage in events that will put you in a good position to advance. An energetic approach to life and love will encourage positive change.



Taurus Don't count on anyone but yourself. Disappointment will lead to an argument. Learn from experience and keep the doors of communication open.



Gemini You'll be fed information that contradicts your beliefs. Keep your distance from anyone using emotional tactics to get you to agree. Deception will lead to disappointment.



Cancer Business talks or arrangements will not be straight or easy to follow. Don't let confusion set in. If something doesn't feel right, ask questions and make amendments.



Leo Your involvement in functions that give you the opportunity to share what you have to offer will lead to an appointment you won't want to miss.



Virgo The changes you want to make may not be feasible. Don't make an impulsive decision that will be hard on your bank account. Say no to emotional spending.



Libra Don't mix money and emotions. If you feel the need to spend cash, make sure you are investing in something that will help you get ahead. Talks will encourage results.



Scorpio Be passionate about what you do, but don't miss out because you are too stubborn to admit you made a mistake. Aim to fix whatever isn't working properly.



Sagittarius The truth will be difficult to digest. Listen carefully and only offer what you know to be factual. Keeping talks mellow will encourage positive results.



Capricorn Hidden matters are best kept that way, especially if it concerns a financial, legal or health matter. A partnership will offer you relief and bring you good fortune.



Aquarius Look at all your options and go over your financial situation. Investing in something you enjoy doing will lead to a prosperous new venture.



Pisces Keep an open mind, but don't be gullible. Question anyone offering something that appears unrealistic or promotes an ulterior motive. **EUGENIA LAST**

Yesterday's answers														
S	L	O	T	C	O	W	E	D	U	R	D	U		
N	A	P	A	O	L	I	V	E	G	A	I	L		
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B	A	C	K	F	L	I	P		P	I	N	T	A	
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A	L	L	O	S		S	O	F	T	S	P	O	T	
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